

4-H: The Leaders of Tomorrow

With over 200 4-H projects to choose from your child can explore:

- ❖ Animal Science
- ❖ Child and Family Development
- ❖ Clothing and Textiles
- ❖ Creative and Leisure Arts
- ❖ Food and Nutrition
- ❖ Healthy Living
- ❖ Home Living
- ❖ Leadership and Citizenship
- ❖ Money Management
- ❖ Natural Resources
- ❖ S.T.E.M.
- ❖ Workforce Preparation

Don't see something that fits your needs they can always choose to do a Self-Determined Project!

The entire list of Ohio 4-H projects can be found at: www.ohio4h.org/4-h-parents-volunteers/family-guide. Copies can also be picked up in the Gallia County Extension Office.

To see samples and reviews of all the projects offered visit: 4-H Project Central at <http://projectcentral.ohio4h.org/>



4-H Pledge:

I Pledge
My Head to Clearer Thinking,
My Heart to Greater Loyalty,
My Hands to Larger Service,
My Health to Better Living, for
My Club, My Community, My Country, and
My World

4-H Motto:

"To Make the Best Better"

4-H Emblem:

A green four leaf clover with a white "H"
On each Leaf

4-H Philosophy:

"Learn by doing"



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AND ENVIRONMENTAL SCIENCES

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Ohio State University Extension

Discover Yourself



in 4-H!



Join Gallia County 4-H!

Gallia County 4-H has over 45 clubs to choose from. These clubs are located around the county and include traditional community clubs as well as specialty clubs. Specialty clubs include: horse clubs, dog club, afterschool and shooting sports. The key to success in 4-H is finding the right club that fits your child's interest and family's needs! The Gallia County Extension office is here to help you find that perfect fit!

The Gallia County 4-H enrollment deadline is April 1st with most clubs starting in January.



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To be a 4-H Member

- **4-H Members:** Youth 8 years old AND enrolled in third grade as of January 1st can become regular 4-H members who can compete in a wide range of project areas, attend overnight camps and take projects to the local and state fair.
- **Cloverbud Members:** Youth 5-8 years old AND enrolled in Kindergarten through second grade as of January 1st can become Cloverbud members, who participate in non-competitive activities which are specifically designed for their age level.
- All members must complete a 4-H Member Enrollment form, listing the 4-H Projects they plan on completing for the current 4-H year. Enrollment forms are to be collected by the 4-H Leader and turned into the Gallia County Extension office by April 1st.
- Members must complete at least one 4-H project
- Members must follow the attendance requirements for club meeting and club activities.
- Members and families must agree to follow club rules, constitution, and by laws, meet club deadlines and participate in club and county activities.

Other Fun Activities 4-H Offers

- 4-H Camp
- The County Fair
- Community Service Projects
- School Enrichment Programs
- After School Programs
- Teen Leaders
- CARTEEN -drivers safety program
- Clinics and Workshops
- State and National 4-H Opportunities
- Team Building and Friendship Networking



What is 4-H?

- 4-H is an exciting program through which children learn by doing.
- 4-H is designed to engage youth in healthy learning experiences, thus increasing self-esteem and problem solving skills.
- 4-H Programs and Activities address topics such as:
Communication, Personal Development, Environmental Stewardship and Workforce Development Skills

What is a 4-H Project?

A 4-H project is made up of three types of activities:

- **Hands-on activities:** making, producing, practicing, observing, testing, interviewing, caring for, etc.
- **Organized activities:** demonstrations, speeches, workshops, camps, county judging, project activities, exhibits, etc.
- **Leadership/Citizenship activities:** conducting, planning, teaching, assisting, informing, organizing, etc.



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