

Parent's 4-H Guide

Gallia County



Welcome! We are so excited that you have chosen to join the Gallia County 4-H program. The New Parent's 4-H Guide is designed to be "snippet" of the information that will be valuable to you as you work through your first year as a 4-H family!

In 4-H, we believe in the power of young people. Every child has valuable strengths and real influence to improve the world around them. We are America's largest youth development organization—empowering nearly six million young people across the U.S. with the skills to lead for a lifetime. Youth involved in 4-H are 1.9 times more likely to get better grades in school, 4 times more likely to give back to their community and 2 times more likely to make healthy choices.

Please feel free to connect with your 4-H club advisors, the Gallia County Extension staff, or myself if you have additional questions! We want your first year in 4-H to be a positive experience!

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What is 4-H?

4-H is a research-based experience that includes a mentor, a hands-on project, and a meaningful leadership opportunity. Based on their interests and guided by adults, youth develop their own pathway in 4-H. Members select from a broad menu of hands on 4-H projects.

What does my child need to do in 4-H?

- Club Meetings
 - Attend six or more 4-H club meetings/activities. *Ask your 4-H Advisor about Club Attendance Policy*
 - Participate in at least one community service project, club fundraising. Take advantage of leadership and recreational activities.
 - Come with a positive attitude, eager to "learn by doing" through project work, demonstrations & hands-on activities.
 - Serve as a club officer, on a committee or as a teen leader. (Age Appropriate)
 - Strive to excel in the four H's...head, heart, hands and health by supporting club goals and activities.
- Projects
 - Select one or more 4-H projects to complete from the 4-H Family Guide (www.ohio4h.org).
 - Meet all project requirements and guidelines. For fair exhibition and judging requirements refer to the Gallia County Fair book or call the Extension Office.
 - Attend required programs for project participation...tag-ins, weigh-ins, Livestock Quality Assurance, Horse Safety & Ethics Programs, skill-a-thons, project judging, etc.



Project Judging

- Clothing, Foods and General Projects:
 - Attend project book judging to complete project.
 - Bring up-to-date and/or complete project/record book and project for display.
 - Be prepared for a one-on-one interview with an adult to answer questions about your 4-H project experience.
 - Be patient while waiting for your turn to be judged or to go through the judging process.
- Livestock Projects:
 - It is highly encouraged to participate in a livestock skill-a-thon consisting of four to five hands-on skill stations. Use your project book, resource handbooks, skillathon kits and attend project clinics and workshops to prepare.
 - Enter your livestock in the appropriate species/breed/weight classes for the Gallia County Fair.
- Dog & Horse Projects:
 - Enter your dog or horse in appropriate classes during the Gallia County Fair.
 - Bring up-to-date and/or complete project/record book.
- Small Animal Projects: (Cats/ Pocket Pets)
 - Attend project book judging to complete project.
 - Bring pet with you, it must be on a leash or in a carrier.
 - Bring up-to-date and/or complete project/record book and poster of project for display.
 - Be prepared for a one-on-one interview with an adult to answer questions about your 4-H project experience.
 - Be patient while waiting for your turn to be judged or to go through the judging process.

For Fair

- Enroll in the Gallia County Fair via Faireentry.com by the entry deadline, which is **July 1st**.
- Help other members of your club, and other Junior Fair exhibitors as often as you can. Fair is more fun when everyone has a positive welcoming experience.
- Check-in 4-H projects at required times to the fair. (A letter will be sent in June with all the check-in information.)
- Care for animal projects throughout fair week. Keep stalls and animals clean, fed, watered and presentable to the public at all times.
- Show good sportsmanship before, during and after the fair.
- All General and Cloverbud Projects need to be exhibited in club booth.
- Members can help set up club booths. Connect with 4-H Advisor on times and locations.



What dates do I put on my family's calendar?

All of the Gallia County 4-H Program dates can be found posted online at www.Gallia.osu.edu

- **4-H Enrollment Deadline** – March 15th 2020.
- **Last Day to Make Changes to Enrollment** – April 1st.
- **Gallia County Fair** – August 3rd – August 8th, 2020
- Livestock Quality Assurance Trainings (*required to attend one for members exhibiting livestock*):
 - March TBA at Gallia Academy High School
 - April 25th from 8am-11am., at the Gallia County Fairgrounds (4-H Activities Building)
- **Gallia County 4-H Summer Camp** – (For more information of each camp, call the Extension office)
 - **Camp Open House-May 3rd** FREE, check out camp and all the fun camp offers before coming to 4-H Summer Camp
 - **Spring Fling– May 8th-9th** for grades 3-5th.

- **Special Needs Camp** – May 29th-31st for ages 8-18
- **Gallia County 4-H Cloverbud Day Camp** – June 1st, 2020 for grades K-2nd.
- **Cloverbud Overnight Camp** – June 6th-7th Fee includes one child & adult
- **Bazinga! STEM** (Science, Technology, Engineering & Math) **Camp- June 4th-6th** for Grades 5th, 6th, & 7th
- **Beginner Camp** - June 8th-11th for Grades 3rd, 4th & 5th
- **Jr. High Camp** - June 15th-18th for Grades 6th, 7th & 8th
- **Teen Camp** - June 22nd-25th for Grades 9th and up
- **Junior Shooting Sports Camp**– June 26th-28th
- **Senior Shooting Sports Camp**– July 19th– 24th
- **Project Judging**
 - Early Project Judging for *Cats, Pocket Pets, Food, & Woodworking* – July 8th, 2020
 - Early Project Judging for *Demonstrations, Clothing, and All other General Projects* – July 10th, 2020 at the Bossard Memorial Library
- **Skill-a-thon** – Date will be announced from the Jr Fairboard
- **Style Revue** – July 10th, 2020 following Clothing Judging
- **Ohio State Fair** – July 29th – August 9th, 2020

What will 4-H cost?

- **Gallia County 4-H Participation Fee** – Gallia County currently does not have an enrollment fee, however a late fee may be applied after deadlines.
- **Club Fees** – Some clubs may charge per member or family fee based on their clubs activities. Please ask your club advisor about their club fee structure.
- **Project Books** – Books are available at the Extension Office. Most books cost \$6 with a few select books costing \$9 or \$10 for general projects.
 - Some projects require an additional resource handbook (\$6.00 to \$22.00) and these are purchased once by the family and can be used for all the projects covered by that handbook.
- **Project Items** – Every project has some cost beyond the 4-H fees. For some projects, this may be supplies and materials that you already have at home. For other projects, your child will be required to invest in an animal & supplies for its care, specialized equipment and/or other items. *Please keep this in mind when selecting projects with your child.*

Who can answer questions?

- **Club Advisors:** Start with your club advisor(s) first. Make sure you have a phone number and/or e-mail address to communicate with them.
- **Extension Staff:** Call or e-mail at any time. Business Hours are Monday-Friday 8am-4:30pm 740-446-7007.
 - Extension Educator, 4-H Youth Development
Tracy Winters – winters.5@osu.edu
 - 4-H Program Assistant
Tiffany Sanders Riehm – riehm.11@osu.edu
 - Gallia County Support Staff
Gail Green – green.84@osu.edu
- **Committee Members:** Call, e-mail or ask any 4-H and project committee members questions at clinics, workshops, weigh-ins/tag-ins, committee meetings, etc.

Where do I go for information?

- OSU Extension Office, Gallia County
 - 111 Jackson Pike Suite 1572., Gallipolis, OH 45631
 - 740-446-7007
 - www.gallia.osu.edu
 - Office Hours – 8:00 a.m. – 4:30 p.m. / Monday – Friday

- Drop off or email forms. *If you mail information, please follow-up with the office to ensure it has been received, prior to any deadlines.*
- Purchase project resource books
- Register for 4-H camp(s)
- All information is available online or through electronic communications sent out by the office.
- Fair Office, Gallia County Fairgrounds
 - 198 Jackson Pike, Gallipolis, OH 45631
 - P.O. Box 931 Gallipolis, OH 45631
 - 740-446-4120
 - <http://galliacountyfair.org/>
 - Access fair events and activities scheduled on the fairgrounds from the web.
- Ohio 4-H Web, www.ohio4-h.org
 - Visit for the latest information about Ohio 4-H programs, events, activities, policies, etc.
- Ohio State Fair, www.ohiostatefair.com
 - Fair Book & Entry Forms for Livestock, Poultry, Rabbit, Small Animal, Horticulture, etc. *Refer to the Ohio State Fair website for deadlines.*
 - Fair Schedule for all Ohio State Fair events
 - Fair results from 4-H and Open Class Shows



What should I expect from my 4-H club and advisors?

- Notice of 4-H club meetings and/or a printed schedule of club meetings for the year.
- Information provided at one of the first meetings:
 - 4-H Family Guide
 - 4-H Club Program, Calendar of Activities
- Information provided at all meetings:
 - Review of the 4-H Calendar, any additional information received from the Extension Office
 - Reminders of upcoming deadlines, requirements, etc.
 - Club Events and how you can get involved?
- Help in selecting 4-H Projects.
- Hands-on learning experiences, project assistance, demonstrations, practice skill-a-thons and/or project judging, field trips/tours, etc.
- The opportunity for my child to give back to the community through club service projects
- The opportunity to build leadership skills through serving as a club officer, on a committee, leading the American or 4-H pledges, participating in a business meeting, etc.
- Opportunity child to have FUN with friends (new and old) through recreational, social, educational and/or competitive activities.
- A welcoming place for members and parents to learn and grow through the 4-H program and work together to “Make the Best Better.”

What does my child’s 4-H club expect from me?

- Help your child attend club meetings, activities and events. Notify the club advisor if your child cannot attend a meeting/activity.
- Help with the club and/or county fundraising events and pay your child’s county camp fee and/or club dues.
- Transport your child to all club meetings and activities.
- Attend special events planned by the 4-H club.

- Encourage and guide your child's project work. Do not do their work!
- Read the 4-H emails, letters, project information pages, fair book and other information with your child. Use the county 4-H website to print off materials and forms, find project and fair requirements and find answers to questions
- Encourage your child to participate in club/county skill-a-thons/project judgments, clinics/workshops, 4-H camp, public speaking opportunities, Junior Fair events and much more.
- Encourage your child to keep up-to-date records and complete their project to the best of their ability.
- Model a positive attitude, good sportsmanship, respect and cooperation.
- Assist with 4-H club activities in your areas of interest and expertise...teach a project skill, help with a community service project, plan a field trip, assist with fundraising, etc.
- Help out the club...host a meeting, provide refreshments, sponsor an award.
- Support the club by cooperating with club advisors and exhibiting a positive attitude towards your child's personal and club 4-H goals.

Cloverbuds

4-H Cloverbud Program –Youth, age 5 **and** in kindergarten until they reach age 8 and are enrolled in 3rd grade may enroll in the Ohio 4-H Cloverbud Program. Through the 4-H Cloverbud Program children develop life skills, self-understanding, social interaction, and decision-making. For more information, visit ohio4h.org/cloverbuds

CLOVERBUD OPPORTUNITIES

- Cloverbud Day Camp - A one-day camping activity for Cloverbuds conducted by 4-H professionals, volunteers and teen camp counselors. Located in the county, group-oriented activities usually follow a theme. This year's theme is "Go Wild for 4-H!"
- Cloverbud Overnight Camp – An overnight stay at Canter's Cave 4-H Camp with a parent or guardian. Campers will have a great time at camp while they get a chance to go hiking, swimming, paddleboat, explore the caves, and so much more packed into an overnight stay.
- Cloverbud Investigators – STEM related activities and programs just for our Cloverbud's that get them using their minds while working with their hands. They will be offered at various time throughout the year.
- Cloverbud Fair Activities - Cloverbuds have the opportunity to participate in the Gallia County Fair in a variety of ways, including:
 - Group displays in their **4-H Club Booth** in the 4-H Activities Building
 - **Show-N-Tell** - Monday of the fair, Cloverbuds have the chance to tell a little about something that interests them and they will receive a free ride pass sponsored by the Gallia Co. Ag Society.
 - **Cloverbud Graduation-** Open for members that have completed 2nd grade in school. Graduates will celebrate with a small ceremony at the fair.

Specialty Clubs – These clubs require additional training at the State Level. There are 4 different specialty Club categories in Gallia County.

Dog Program – Advisors are trained in the correct and proper ways to handle, show, and train dogs. Disciplines include: Obedience, Showmanship, Performance, Agility, and more. Youth must be in an approved dog club to exhibit a dog at the fair. For more information on the Dog Program visit <https://ohio4h.org/statewide-programs/animal-sciences/dog>

Horse Program – Advisors are trained on various things in the 4-H Horse Program including: Horse Management, Handling, Nutrition, Competitions and much more. Youth must be in an approved horse club to exhibit a horse at the fair. For more information on the Horse Program visit <https://ohio4h.org/animalsciences/horse>

Shooting Sports - The Ohio 4-H Shooting Sports program teaches young people the safe and responsible use of archery equipment; the fundamentals of firing air guns, .22 caliber and

muzzleloading rifles, pistols, and shotguns; the basic principles of hunting; and the value of studying historic lifestyles and heritage crafts. To learn more about these projects and shooting sports camp, go to ohio4h.org/shootingsports

SPIN Club - A 4-H SPIN Club is a short term special interest club where five or more youth learn about a topic of interest. Topics vary and include interests such as nature, arts, science, gardening, food science, robots, and more!



Teen Opportunities

4-H CARTEENS - a traffic safety program conducted by 4-H teen leaders and their program partners. The program is held for first-time juvenile traffic offenders referred to the program by the local courts. The program's goals are to reduce the number of repeat juvenile traffic offenders, increase teen awareness of traffic/vehicular safety, and improve public speaking and leadership skills of teen instructors. For information on 4-H CARTEENS, please go to ohio4h.org/families/just-teens/carteens or contact your county Extension office. 2020 CARTEENS Dates January 14, March 3, April 28, August 25, & October 27, from 6pm-8pm.

Camp Counseling - 4-H camp directors work with trained teens to conduct both residential and day camping programs. Teens must be 14 years of age by January 1st of the current year and complete a 14 hour weekend training program. Interested teens need to complete a camp counselor application, a personal interview with the Gallia Co. 4-H educator and be selected as a counselor.

Cloverbud Helpers - Teens ages 12-13 can apply to be Cloverbud Day Camp Counselors and/or Cloverbud Investigators mentors by completing the Teen Leaders form due January 30th.

Digital Ambassadors – Teens ages 14 and up can apply to be part of the “new” Tech Changemakers program. These teens will help teach digital technology to our community through school, library and Extension programs. This is a grant funded program which runs through July of 2020! After School programs have already been scheduled for January 2020! Teens interested in helping should contact the Extension office or complete and turn in the Teen Leaders form ASAP!

Quality Assurance Helpers – Teens who would like to be trained to be QA helpers at the upcoming 2020 Quality Assurance trainings can complete the Teen Leaders form and submit it by the January 30th deadline.

What is the 4-H lingo?

Achievement Awards – 4-H members, age 14-18 as of January 1, may apply for one of the more than twenty State Achievement Project Awards as well as the opportunity to serve on State Junior Fair Board and/or attend a variety of State and National Conferences.

4-H Camp – Members enjoy outdoor fun and adventure while learning and making new friends at 4-H Camp. Camping opportunities are available for Cloverbuds, members and teens with some focused in a particular project area.

Cloverbuds – 4-H members age five and in Kindergarten through 2nd grade or until they reach the age and grade requirements for 4-H project membership. Cloverbuds may not enroll in competitive 4-H projects.

DUNF (Drug Use Notification Form) – This form indicates your project animal has met all drug withdrawal periods at time of exhibition. Gallia County Fair requires this form for exhibition of market steers, market hogs, market lambs, and market goats.

Family Guide – Resource that lists all the 4-H projects including a brief project description, age guidelines, skill level and State Fair eligibility.

Fashion Revue/Style Show – Clothing project members model outfit sewn and/or purchased through their clothing project experience. Outfit must include garment(s) sewn and/or purchased and selected accessories for a total look outfit.



Horse Safety & Ethics Program – 4-H horse project members and their parent/guardian must complete this program before being eligible to participate in the 4-H Horse Program. Member and his/her parent/guardian must annually sign the Permission to Participate in Ohio 4-H Activities Form and file with the Extension Office.

PAS – Horse project members may choose to participate in Performance against Standards (PAS) classes to qualify to participate in the State Fair Horse Show. A member may show in a maximum of four classes and must qualify in two classes or more classes to show at the State Fair.

Project – The members use a project to explore a topic or interest area through hands-on activities, sequential learning experiences, goal setting and evaluation. 4-H'ers keep records and documentation of project experiences in a Project Book.

Project Judging - Evaluation of a project member's knowledge through interview with an adult judge, review of project book records and exhibit of project item and/or educational display.

Project Requirements – Outlines deadlines, project judging guidelines, resources, judging dates, county and beyond county opportunities and much more.

Skillathon – Evaluation of livestock member's project knowledge through participating in hands-on skill stations that allow the member to apply knowledge/skill to real world situations.

State Fair Selection & Alternates – Member(s) selected to represent the county at the Ohio State Fair for a given project or project area. Counties may select one member per project or State Fair class to participate.

Tag-In, Weigh-In, Check-In – Date required to tag-in, weigh-in and/or identify your project animal for Junior Fair participation.

Volunteer Club Advisor – Dedicated, enthusiastic, caring adults that have completed a selection, screening and orientation process by OSU Extension. The current Ohio 4-H Volunteer Selection process includes a written application, reference checks, BCI background check, interview with Extension Educator and volunteer orientation.

Youth Food Animal Quality Assurance – Annual program (QA/PQA) required for members exhibiting market and lactating project animals by the Ohio Department of Agriculture. Members can meet this requirement by attending a quality assurance program focusing on the 10 Good Production Practices. Extension Educators in cooperation with local Agriculture Societies determine county QA delivery and completion requirements within the State's minimum standards.

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