#### Cranium

also known as the skull, supports the face structure and protects the head from injury

## **Mandible**

makes up the lower jaw and keeps the lower teeth in place

## Clavicle

also known as the collarbone, is located between the scapula and sternum and makes up part of the shoulder

# Scapula

also known as the shoulder blade, connects the humerus (upper arm bone) with the clavicle (collarbone)

### Vertebrae

make up the vertebral column, which is the backbone or spine

### **Sternum**

is the long flat bone in the middle of the chest that forms (along with the ribs) the rib cage, which protects the lungs, heart and blood vessels

### Ribs

are long curved bones that help form the rib cage and enable the lung expansion

### **Humerus**

is the long bone in the upper arm, connecting the shoulder and the elbow

## Radius

is the smaller, shorter long bone in the lower arm, between the elbow and the thumb-side of the wrist

#### Ulna

is the larger, longer long bone in the lower arm, on the side of the pinky finger

## **Pelvis**

rests between the abdomen and the thighs and it bears the weight of the upper body

### **Femur**

the thigh bone, is the largest and strongest bone of the body

## **Patella**

or kneecap, is a flat triangular bone found at the front of the knee joint. It protects and covers the joints of the knee

## **Fibula**

is found at the outer side of the lower leg and forms the outer part of the ankle joint

### **Tibia**

is the larger and stronger bone below the knee in the leg.

# Carpus

(carpal bones) is a cluster of eight bones making up the wrist

## Metacarpus

(metacarpal bones) includes the five long bones, connecting each finger to the wrist.

#### **Tarsus**

(tarsal bones) is a cluster of seven bones, making up the ankle, heel and arch of the foot

### **Metatarsus**

(metatarsal bones) includes five long bones, connecting each of the toes to the ankle

# **Phalanges**

are the bones that make up the toes and fingers.